

# ***Are you looking for the best treatment to lower your blood pressure?***



If you are aged 18 to 65 years you could take part in a project to find how treatment for high blood pressure should be “personalised”.

Selection of medication from a wide choice of drugs is often by “trial and error”. Blood pressure experts, supported by the Medical Research Council and the British Heart Foundation, are running a clinical trial that will help find the best treatment for each individual. Because the response to treatment depends upon many factors such as age and ethnic background, we hope that a broad range of people will participate.

*For more information look at the*

**AimHy Website: <http://www.aimhy.org.uk/>**

**Please contact us via Email: [aim.hyst@nhs.net](mailto:aim.hyst@nhs.net)**

The AIM HY (Ancestry and biological Informative Markers in the stratification of Hypertension) programme is funded by the Medical Research Council and the British Heart Foundation.